



March Hare Dinghy Regatta

Saturday, March 29th 2025

SAILING INSTRUCTIONS

1. Rules

- 1.1. These Sailing Instructions (SIs) are to be read in conjunction with the Notice of Race. If there is a conflict between either document then these SIs shall prevail
- 1.2. Irish Sailing prescriptions will apply.

2. Communications with Competitors

- 2.1. The official notice board for the event will be online at www.myc.ie/regatta/
- 2.2. The race office is located at the Broadmeadows Club House
- 2.3. On the water, the Race Committee intends to monitor and communicate on VHF radio channel 72

3. Signals made Ashore

- 3.1. Signals made ashore will be displayed at the flagpole outside the Broadmeadows Club House

4. Racing Area

- 4.1. The racing area is north of the Broadmeadows Club House.

5. Schedule

5.1 3 races are scheduled. The planned time of the briefing and Warning Signals for the first race are as follows:

Saturday, March 29th	10.20	Competitor briefing
	11.20	First Warning Signal

5.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes in the race signal AP. This changes Race Signal AP.

5.3 [DP] Flag D with one sound signal means the warning signal will be made not less than 30 minutes after flag D is displayed. Boats shall not leave the shore until this signal is made.

5.4 The starting sequence for Classes will be Optimists, ILCA and the PY fleet, subject to all of them taking part in each race sequence. The Warning Signal for Classes subsequent to the first start may or may not coincide with the starting signal for the Class ahead of them in the list and competitors shall be advised by the Class flag displayed at their Warning Signal.

5.5. The Regatta will consist of a maximum of 4 races.

5.6. Two races shall constitute a series.

5.7. Succeeding races will be started as soon as practicable following the finish of the previous race.

5.8. The first Warning Signal of a race shall not be made after 1500, except following postponements, recalls and abandonments of a race where a warning signal was made before 1500.

6. Class Flags

Class		Class Flag
Optimist		Flag O
ILCA		Laser Flag
PY Fleet (Single & Double)		Flag J

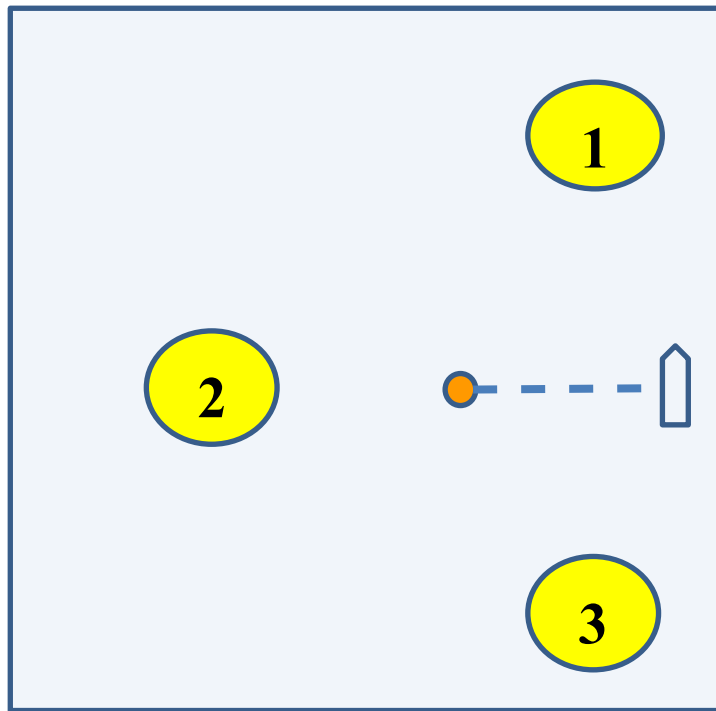
7. Courses

7.1. The course may be either Windward-leeward, triangular or a mix of the two.

7.2. The sequence of marks to be rounded will be indicated on a board displayed on the Committee Vessel. The sequence will be displayed no later than the Preparatory Signal of the relevant Class. This changes RRS27.1

7.3. A red flag flown on the Committee Vessel indicates a port course, as indicated in the sketch below. A green flag indicates a starboard course with all marks rounded to starboard in a mirror image of the Course diagram below.

7.4. A Port Course is illustrated below:



7.5. When a blue flag is flying on the Committee Vessel, indicating that the finish line is active, boats shall not cross the finish line except to finish. Any boat in breach of this SI may be disqualified by the Race Committee without a hearing. This changes RRS 63.1, A4 and A5.

8. Marks

- 8.1. The main rounding marks will be yellow inflatable marks.
- 8.2. The outer limit mark of the start and finish lines will be an orange mark.

9. The Start

- 9.1. Races will be started using RRS 26 with a 5 minute sequence.
- 9.2. The starting line will be between a red and white striped pole on the Committee Vessel and an orange outer limit mark.
- 9.3. A boat starting later than 5 minutes after her Starting Signal will be scored Did Not Start without a hearing. This changes RRS 63.1, A4 and A5
- 9.4. Boats shall keep clear of the starting line until their Warning Signal is made. Any boat in breach of this SI may be disqualified by the Race Committee without a hearing. This changes RRS 63.1, A4 and A5.
- 9.5. After starting, boats shall not cross the starting line while other Classes are within their starting sequence – i.e. while the start line is still active. Any boat in breach of this SI may be disqualified by the Race Committee without a hearing. This changes RRS 63.1, A4 and A5.

10. Shortening the Course

- 10.1. To change the next leg of the course, the Race Committee will move a mark or marks (or the finishing line) to a new position without signalling. This changes RRS 33.
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- 10.2. The course may be shortened at any rounding mark in accordance with RRS 32.

11. The Finish

- 11.1. The finish line will be between a striped pole on the Committee Vessel, displaying a blue flag, and the course side of the of the finish mark.
- 11.2. The course may be shortened at any rounding mark in accordance with RRS 32
- 11.3. When one or more boat of a Class has sailed the course and finished, the Race Committee may apply an alternative position recording procedure for other boats of that Class. A Support Vessel may display flag W and advise a boat still racing that she will be scored in a place corresponding to her position on the water. The boat, once notified, shall return to the starting area (if further races are scheduled) or ashore. The boat will be scored in the place as recorded by the Race Committee. This changes rule RRS 28.1, A5.2.

12. Protest and Redress Hearing Requests, Scoring Queries

- 12.1. Hearing request forms and scoring enquiries are available online at the digital noticeboard for the event at www.myc.ie/regatta/

13. Scoring

- 13.1. When two or fewer races have been completed, a boat's series score will be the total of her race scores.
- 13.2. When three or more races have been completed, a boat's series score will be the total of their race scores excluding their worst score.

14. Risk Statement

- 14.1 All those taking part in the event do so at their own risk and responsibility. The OA or any part involved with the organisation of the event disclaim any and every responsibility whatsoever for loss, damage, injury or inconvenience that might occur to persons and goods, both ashore and afloat, as a consequence of participation in the races covered by the Notice of Race and these Sailing Instructions. Participation in this event, supporting events and in each race is at the sole discretion of the sailor and at his/her own risk or, where the participant is a minor, at the discretion and risk of their parent / guardian. Notice is drawn to Rule 4 of the RRS states: "The responsibility for a boat's decision to participate in a race or to continue to race is hers alone".

Sailing by its nature is an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor, (and if under 18 years of age, their parents/ guardians) agree and acknowledges that:

- 14.2 They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves and their boat to such inherent risk whilst taking part in the event.
- 14.3 They are responsible for the safety of themselves, their boat and their other property whether afloat or ashore.
- 14.4 They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions.
- 14.5 Their boat is in good order, equipped to sail in the event and they are fit to participate.
- 14.6 The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities.
- 14.7 The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions as can be practically provided in the circumstances.
- 14.8 The fact that the race committee conducts inspections of a boat does not reduce the responsibilities of each competitor set out in this Notice of Race.

15 Insurance

15.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of €3,000,000 or the equivalent per event.

16 Trolleys

16.1 All trolleys must be in full working order and marked with a current sail number.

16.2 Old trolley tags must be removed; new trolley tags may be issued at Registration.

17 Data Protection and Image Rights

17.1 By entering the Regatta, competitors and support persons accept that they may be photographed and/or videotaped participating in the race and/or using the Regatta facilities and they consent to the taking of such images and to the use, reuse, publication and republication of such images in any media, in conjunction with the competitors name or not, without compensation and without the competitor's approval of such images or any use thereof.

18 Prizes

18.1 Prizes will be awarded in each fleet where there are a minimum of three boats as follows:

- where there are three boats in the fleet, a prize will be awarded to first place, or
- where there are four boats in the fleet, prizes will be awarded for first and second place, or
- where there are five boats or more, a prize will be awarded for first, second and third place.

18.2 Where the ILCA fleet has a minimum of three boats in each of ILCA7, ILCA6 and ILCA4 classes, each will be considered a separate fleet for the sole purpose of prize-giving and will be awarded as set out in 18.1 above

18.3 Other prizes may be added at the discretion of the OA

18.4 Prize giving will take place as soon as practical after sailors have returned to shore.